

Communities for Children Facilitating Partner Capricorn, QLD Program Overview 2022-2023



Enhancing the wellbeing of children and families

Priority areas

- Children thrive in their early years; and families and households are safe.
- People enjoy long and healthy lives; and children are born healthy and strong.
- Children are ready for school; succeed at school; stay in school; and reach their full potential.

Communities for Children Facilitating Partner (CfC FP) is placed based and develops and facilitates a whole of community approach to support and enhance early childhood development and wellbeing for children aged from birth to 12 years.

The Smith Family has been the CfC FP in the Capricorn Region since 2011. Capricorn CfC FP works with local organisations to empower and support a strong, child friendly community. We build on local strengths to meet local community needs, and facilitate the delivery of a range of services designed to improve outcomes for children aged birth to 12 years and their families.

Capricorn CfC FP operates within the Rockhampton Regional Council and Livingstone Shire Council areas.

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Community Partners are funded to deliver services within the Capricorn Region for children aged from birth to 12 years and their families.

BACKING EXCELLENCE IN THE EARLY YEARS

Backing Excellence in the Early Years delivers the Wings to Fly program, a strengths-based approach to social and emotional wellbeing for children aged birth to 5 years. It supports early years educators to optimise their practice to improve overall outcomes for children. Wings to Fly builds upon educators' capacity and strategies by developing a greater understanding of brain development in the early years, attachment and the way to build relationships to support children's resilience and wellbeing.

Community Partner: Pathways to Resilience

Service delivery area: Capricorn Region

Eligibility: Educators and professionals working with children aged birth – 5 years.

Contact: Dan Pierce, 0438 549 895,
daniel@pathwaystoresilience.org

CAPRICORN LIFE EDUCATION

Capricorn Life Education delivers a suite of age-appropriate health and safety education modules to primary schools and early childhood education and care services. Schools and services select from a range of modules that are most relevant to their needs, including topics such as nutrition, physical activity, relationships, puberty, sexual health, cyber safety, bullying, resilience, safe use of medicine, smoking and alcohol.

Community Partner: Life Ed Qld

Service delivery area: Capricorn Region.

Eligibility: Children aged 3 – 12 years in participating early childhood education and care services and schools in the Capricorn Region

Contact: Liz Hills, 0419 760 243,
ehills@lifedqld.org.au

RESILIENT PARENTS, RESILIENT FAMILIES

Resilient Parents, Resilient Families aims to strengthen the core life skills of children and adults and help build responsive relationships.

Circle of Security Parenting and 123 Magic & Emotion Coaching programs will build parenting knowledge and skills, and support parents to develop healthy relationships with their children.

A multicultural playgroup incorporating Abecedarian Approach Australia (3a) strategies will further support positive parent-child relationships and enhance community connectedness.

The project also includes A Mother's Journey, which has been designed to support mothers to understand themselves, create positive change and to upskill in a supportive environment.

Community Partner: Integreat Queensland Inc

Service delivery area: Capricorn Region

Eligibility:

- Circle of Security
 - * Parents/carers of children birth – 12 years
- 123 Magic
 - * Parents/carers of children birth – 12 years
- Little Steps Multicultural Playgroup
 - * Families with children aged birth – 5 years
- A Mother's Journey
 - * Mothers/female caregivers of children aged birth – 12 years, including migrants and refugees

Contact: Stephanie Smaller-Thomson,
4903 1931, admin@integreatqld.org.au

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CAPRICORN CONNECT AND PLAY

Capricorn Connect and Play supports families with young children through the Connect and Grow and Step into Prep programs.

Connect and Grow is a facilitated playgroup for families with children aged birth to 5 years utilising Abecedarian Approach Australia (3a) to build parenting capacity through play-based learning.

Step into Prep is a school preparation program for children aged 4 to 5 years delivered in schools in Terms 3 and 4 that utilises 3a strategies to promote school readiness.

Parent workshops delivered throughout the year will further help to increase parent knowledge and confidence around their child's transition to school and the development of social and emotional skills.

Community Partner: Play Matters Australia

Service delivery area: Participating playgroups and primary schools, and various community locations in the Capricorn Region

Eligibility:

- Connect and Grow
 - * Families with children birth – 5 years
- Step into Prep
 - * Families and children 4 – 5 years
- Parent Workshops
 - * Families with children aged birth – 5 years

Contact: Tonya Robertson, 0408 362 486,
capricornconnectandplay@playmatters.org.au



IT'S ALL ABOUT ME

It's All About Me is a self-care and wellbeing project that supports young carers aged 5 to 12 years to build social skills, enhance their emotional health and wellbeing, and improve self-esteem. Drawing from the Friends Resilience Program, the two-hour sessions are run over 10 weeks during school term with groups of six children. Further opportunities for learning and social connection among participants are provided through facilitated monthly social activities, including trips to the cinema, laser quest, bowling, and other community opportunities.

Community Partner: Carers Queensland

Service delivery area: Capricorn Region

Eligibility: Young carers aged 5 – 12 years

Contact: Lilly Match, 0407 672 088,
carerprogram@carersqld.com.au

CAPRICORN DADS GROUP

Capricorn Dads Group helps fathers and father figures build positive bonding connections with their children and partners through the delivery of Community Dads Groups and Digital Dads Groups.

Community Dads Groups are peer support groups that encourage positive social connections between father figures and their children, their partners, and others in the local community, as well as enhancing help-seeking behaviour. These will be supported by community forums that provide an opportunity for father figures to connect and speak in a safe and enjoyable social setting.

Digital Dads Groups will support fathers and father figures by providing father focused resources and pathways to support, and platforms for connecting those who are geographically or socially isolated.

Community Partner: Dads Group

Service delivery area: Capricorn Region

Eligibility: New and expectant fathers/father figures

Contact: Adam Tardif, 0400 184 068
adam.tardif@dadsgroup.org

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CQ DADS 4 KIDS

CQ Dads 4 Kids uses Circle of Security Parenting, with additional trauma informed support and referrals, to promote secure parent-child attachment. The program encourages participants to reflect on how their own development history affects current caregiving behaviour and important relationships.

The Dads Tuning into Kids program will also be offered, which will complement Circle of Security Parenting by providing further learning for those wishing to build on their emotional intelligence to support their children.

Community Partner: Strong Communities Ltd. in partnership with CQ Healthy Families

Service delivery area: Capricorn Region

Eligibility:

- Circle of Security
 - * Male caregivers of children birth – 12 years, female caregivers whose partners or ex-partners participated in the program
- Dads Tuning into Kids
 - * Male caregivers of children aged birth – 12 years

Contact: Crystal Robson, 0497 704 113,
crystal.robson@strongcommunities.org.au



Contact Us

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